



## Carolina Courts Adult League Rules

- **Rosters:** No roster additions are allowed after the first game. Exceptions to this rule must be in writing and proposed to Matt Jones – Director of Basketball.
- **Rules:**
  - No playing time rules – this is handled by the teams
  - 20 minute running halves. Clock stops in the last 2 minutes of each half on the whistle, unless the point margin is 20 or more. The clock will stop for timeouts or technicals at all points during the game
  - 4 timeouts for the entire game. 1 additional for overtime.
  - No complaining, arguing with referees. Our referees control the game and we will back them up regarding calls and/or decisions made during our games.
  - No foul language – Carolina Courts is a family sports facility and will have other youth events going on while our games are played. Please refrain from foul or abusive language.
  - Players must check in at the scorers table. Do not substitute from the bench area.
  - Players must write their full name and jersey number in the official scorebook prior to each game.
  - All shirts must have numbers on the back (preferably on the front as well)

Carolina Courts will update the scores and rankings each Monday by early afternoon. Have Fun!